

October Newsletter



October is **Domestic Violence Awareness Month**. Domestic violence is a pattern of abusive behavior in any intimate relationship used by one partner to gain or maintain power and control over another partner. This kind of abuse affects everyone – men, women, and children of all races, religions, and cultures – and can generate cycles of generational trauma. We must stand with all victims of domestic violence and bring awareness to its impact.

Looking for Volunteers!



We are currently seeking volunteers for these roles: **secretary, content creator & social media manager**. Email us at admin@traumaspeaks.org if you're interested!

Join Our Community

You can always subscribe to our newsletter and follow us on social media to be a part of our community! Keep up with our latest events, blog posts, podcast episodes, and more!

Check out our latest Instagram post on remembering 9/11 and community grief [here](#).

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