

March Newsletter



National Developmental Disabilities Awareness Month is observed every March, and is a time to raise awareness about the inclusion of people with developmental disabilities and address the barriers that they face. About **15%** of the world's population lives with a disability. We must focus on making sure everybody has the same opportunities in every aspect of life to the best of their abilities.

See's Candies Spring Fundraiser

See's CANDIES.

Steps to order

TRAUMASPEAKS.ORG/DONATE

Click the see's candy photo

Choose your item(s)

Add to cart

Checkout

We are hosting a spring fundraiser, thanks to See's Candies! Did you know that chocolate's been shown to influence serotonin in your brain? Serotonin is one of the neurotransmitters that when imbalanced can result to depression. It's the perfect time to give yourself and loved ones a treat for the season! You can choose from a variety of different types of chocolate goodies that will serve as both a great gift and a way to help our cause! Shop [here!](#)

Join Our Community

You can always subscribe to our newsletter and follow us on social media to be a part of our community! Keep up with our latest events, blog posts, podcast episodes, and more!

If you or anyone you know want to be speakers for our Mental Health fest, you can email us!

@traumaspeaks

E: admin@traumaspeaks.org

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